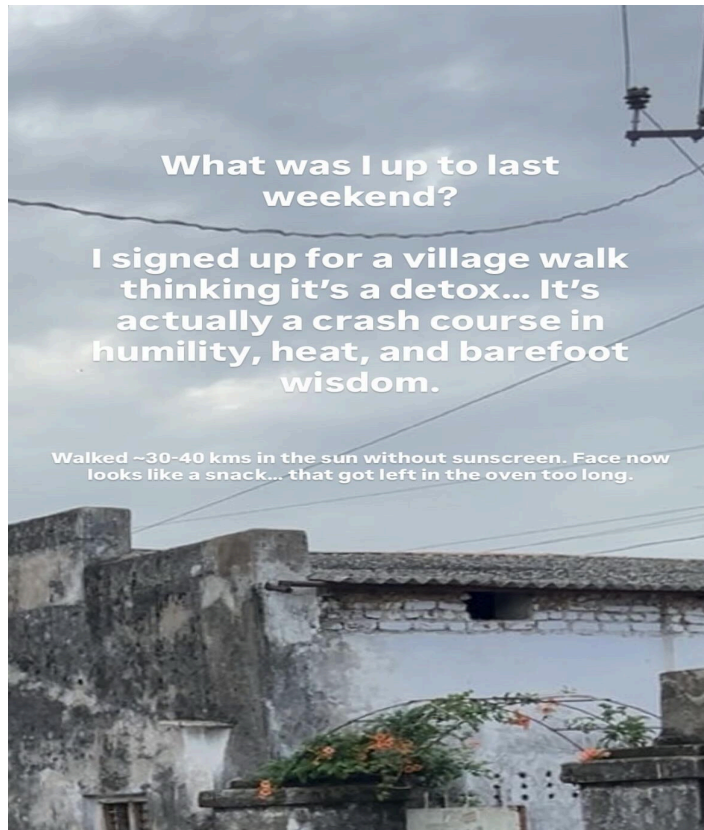


The Walk That Walked Me Home – My First Chinna Shodha Yatra



Our first question - What are your *expectations* from this Yatra?

Honestly, I started this Yatra with just one question on my mind — “*Who am I?*”

But when I came back home, along with memories, photos, and knowledge, I also came back with **so many more questions** — questions that might change the way I live.

“Who am I?” started to feel secondary. A new one took its place — “*What am I doing to become what I want to become?*”

Someone whose life has a purpose. Someone useful — not just to pay the internet bills. And for the first time, I’m okay with not having answers. I’m more curious about the questions.

Not sure about this Yatra, but now I have too many expectations — from *myself*.



Was the Yatra Comfortable?

Many asked, "Was the Yatra comfortable?"

I didn't know how to answer that question. Not because I was uncomfortable or felt awkward. But because there wasn't a single moment when the idea of "comfort" even came into my mind. Everything felt easy and happy — that's how people around me made me feel.

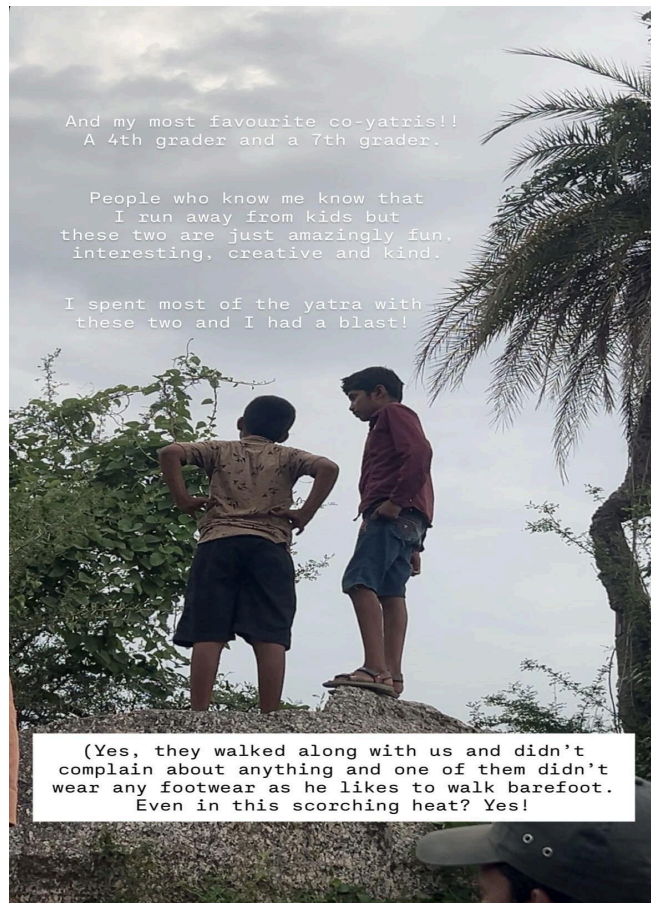
I looked forward to every day ending — not because I was tired, but because I wanted to spend more time *together* with everyone and hear their impressions of that day. It felt like we'd known each other much longer. And yet, every person still felt like a beautiful mystery.

I realised comfort is just a word — a way to lock ourselves in. But with the right people around, you break all the walls and still feel amazing.

And the best part? I didn't see a single person scrolling on social media. I *loved* that.

My friends and family were surprised when I told them I loved spending time with two kids on the trip, but that's what the Yatra does. It shifts something inside you, effortlessly.

Now, I want to challenge myself to walk barefoot at least one day every month.



What Is a Home?

Home isn't a luxurious apartment or a fancy villa.
It's a place where you're welcomed with warmth.
And throughout this trip, I felt at home everywhere.



53rd CSY Host: My Village Show (YouTube Channel)

The 53rd Yatra was hosted by **My Village Show**, a YouTube channel — and what made it special, you ask?

They were humble, grounded, and deeply connected to their roots.

What inspired me the most was when they said they were training others and helping anyone who wanted to open a YouTube channel.

They taught me the true meaning of *selflessness* — that success isn't about growing alone, it's about growing *together*. That's where real joy lies.

Srikanth Anna said, "This is not one person's hard work — it's a group effort."

He called them friends, but they looked like a family.

And I realised, talent isn't something you're born with — it's something you *choose* to learn.

Otherwise, how else could one village have so many brilliant actors, now recognised by the world?



Grassroots Innovations?

I didn't even know what that meant before the Yatra. But now? After walking, learning, and doing a little research, I truly believe this is what will change the world.

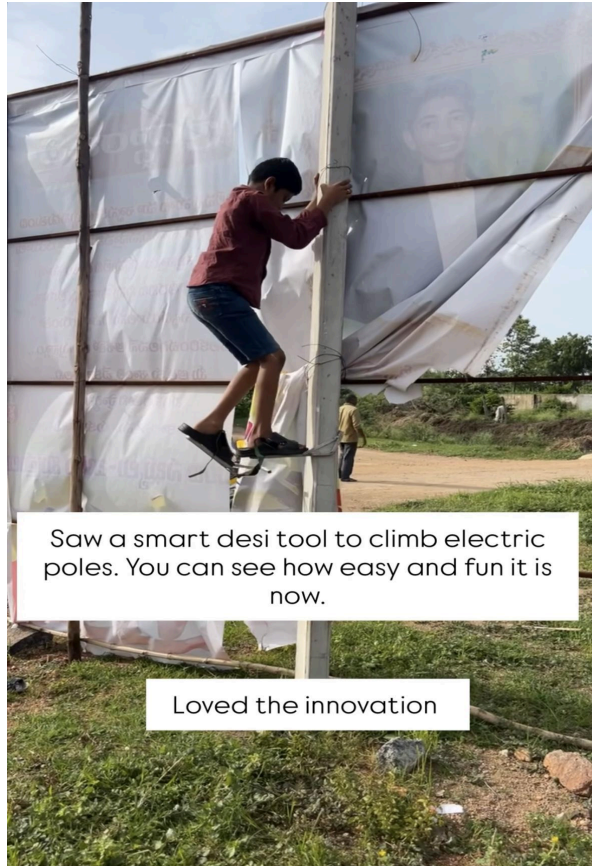
We often see innovations made to get attention, to showcase the problem, or the cleverness behind the idea. But these innovations? They come from real need.

From people who live the problem, *and* the solution.

Every one of them shows how simple — yet hard — it is to solve a real issue. These innovators didn't do it for fame or money. They just wanted to help someone like them who's struggling.

They don't want to sell their ideas to some XYZ company that'll commercialise them. They want these innovations to reach the people who need them, at a price they can actually afford.

That's what makes it so real.



Saw a smart desi tool to climb electric poles. You can see how easy and fun it is now.

Loved the innovation

Also saw a planting tool which will make it easier for some plants where you'll have to bend, dig, plant and then bury. But this one does it all.



Youtube.com

Also, this man Naga Mohan garu is an inspiration to many. He runs an NGO organisation - Extra Mile which is supporting over 1500 children and making their lives a lot better (YT link - <https://youtube.com/@extramile2818?si=z5MdsMVX1yPz4OHR>)

Then this farmer brought us biyyam ki molakalu — sprouted rice — and said:
'Eat the rice that's alive, not the dead one.'

He explained how to tell good rice from lifeless rice. And honestly? I'll never look at my plate the same way again.
Want to meet him? Join the next Yatra!

But till then here's his YT channel where you can find his designs as well -

Youtube.com



Does CSY Help Villagers?

Many asked me, “*So does Chinna Shodha Yatra help villagers?*”

Here’s my answer:

No. It helps you. It changes you.

It brings you closer to yourself — to the version of you that needs to grow.

It brings you closer to nature. It pulls you back to the ground.

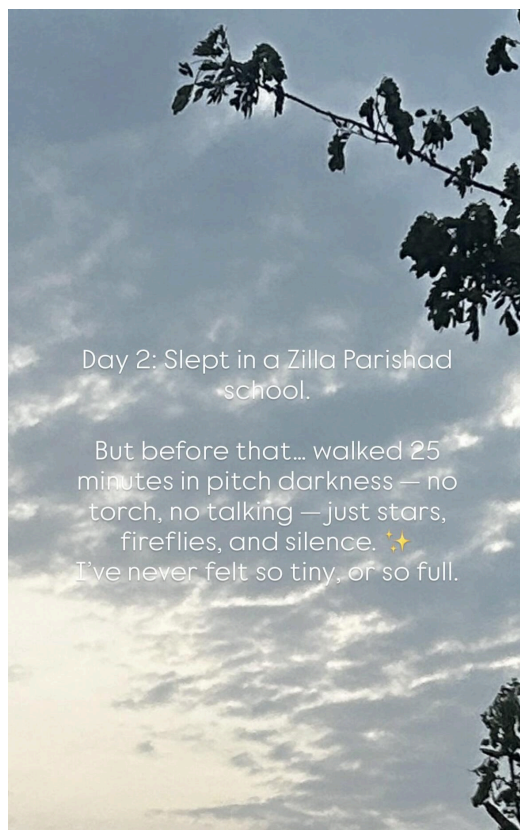
It makes you question your life, challenge your routines, and explore who you *really* are.

The villagers don’t need help. That word — “help” — is wrong.

They need our support, and we owe it to them.

From the food we eat to the clothes we wear, it all starts from there. They carry the weight of the comfort we take for granted.

The *least* we can do is walk beside them — and amplify the innovations they create.



Every co-yatri I met — your stories are now in my heart.
You made this walk not just memorable, but transformational.

From strangers to sleeping side-by-side on school floors, we
lived the real meaning of trust and connection.



This isn't the end — it's the beginning.
I'll be joining more Chinna Shodha Yatras, learning from rural
India, and becoming a better me.
Thank you @palle_srujana.pallesrujana. Thank you to all the
silent innovators.
And thank you @the_life_and_a_story Vadina, you inspire me in
many ways that you don't know.
I'm carrying your wisdom forward.

My key takeaway from CSY:

We youth/youngsters have so much energy, potential and time
compared to our older generations.

And we're often wasting it on things that don't matter.

Spending at least half an hour a day or one hour per week
thinking about what we can do for others and putting it into
action is the most basic yet efficient thing we can do.



FAQs:

1. So... What is Chinna Shodha Yatra?"

CSY = "Little Search Walk"

A 3-day walk through rural India to discover grassroots innovations, local wisdom, and simple living. You listen, learn, question, and unlearn — all through walking. This is their 53rd Yatra.



2. 🚶 Why do we walk, not drive?

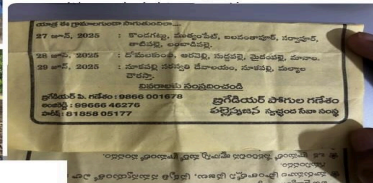
Because walking invites curiosity. Villagers come out asking: "Yevandi, endhuku nadusthunaru?" And that's where conversations — and learning — begin.

3. Who do we go with?

Strangers at first. Soul connections by the end. Some are first-timers. Others are veterans. You can even bring friends, family, or just your curiosity.

4. Who organizes this?

@palle_srujana, a collective that supports grassroots innovators and traditional knowledge systems. They've done 53 yatras so far — each in a different region.



5. This time?

We walked ~30–40 kms across 12 villages in the Jagtial district, Telangana — hosted by the amazing creators of @myvillageshow

Want to join the next one?

Keep an eye on @palle_srujana or DM @the_life_and_a_story — trust me, you'll never see India the same way again. ❤️

Does CSY Change Your Life?

Maybe not. Or maybe it does — if you keep walking with them again and again.

But one thing is for sure: it will change your *perspective* on life.

It did for me.

Now, I'm motivated to spend at least 30 minutes a day doing something meaningful — something that adds value to others and brings purpose to my own life.

Final Reflection

This was my **first Chinna Shodha Yatra**. But it won't be my last.

The questions I found are worth walking for again.

The strangers I met are worth meeting again.

The barefoot path I followed is now a part of who I'm becoming.

"If you ever feel lost, just walk into a village. You'll find something that looks a lot like yourself."